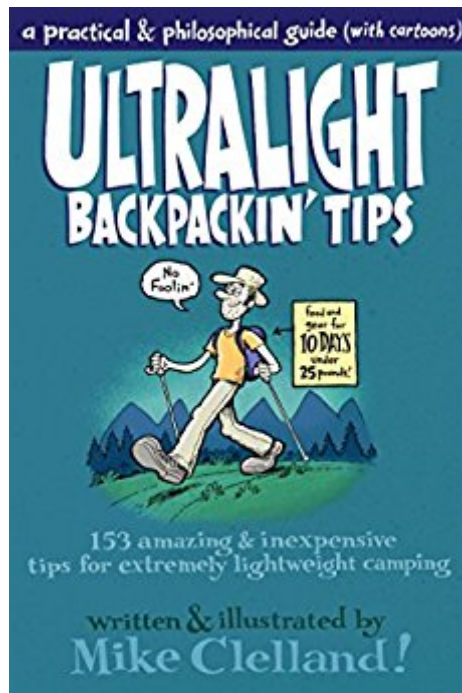


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# Ultralight Backpackin' Tips: 153 Amazing & Inexpensive Tips For Extremely Lightweight Camping



## Synopsis

Walking into the wilderness with a pack on your back is an empowering experienceâall the more so when that pack on your back isnât weighing you down.Â Thatâs where this book comes in. Outdoors expert and celebrated illustrator Mike Clelland offers advanced techniques on how to pack light without sacrificing the essentials or your safety yet staying well fed and comfortable.Â Written in the tradition of the successful Allen & Mikeâs Really Cool Telemark Tips, with 153 trail-tested tips full of solid advice, as well as more than 100 humorous and helpful illustrations, Ultralight Backpackin' Tips is the ultimate guide for backpackers serious about traveling ultralight. Just a few of the top ten tips expounded upon in the book: \* Use a scale. \* Comfortable and safe are vital! \* Make your own stuff, and making it out of trash is always the best! \* Itâs okay to be nerdy. \* Try something new each and every time you go camping. \* Know the difference betweenÂ wants and needs.

## Book Information

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## Customer Reviews

What I like about this book:- Good mental framework for going UL: Question every piece of gear to

see if you can find a suitable UL replacement or simply leave it at home. One of the biggest challenges of going UL is the shift in mindset required to do it successfully.- Good understanding presented on "systems" versus "gear". It is helpful to approach UL from the perspective of systems: shelter system, food system, etc. The author leaves out one of the most important systems: the survival system (addressed below).- Some good specific guidance on weight reduction gear piece-by-piece. Take what works for you and ignore the rest. Even if UL is not for you, going lighter should be a constant quest for every long-distance trekker. I am not a UL trekker, but the base weight of my pack drops with every trip (currently at 25 pounds minus consumables). One other option to going truly UL is to condition your body and mind to handle extra weight. I do many local day hikes with an overweight pack (up to 60 pounds) as training for true wilderness treks. Once you have humped around a 60 pound pack your 25-45 pound pack feels light as a feather. Being in shape for trekking is just as important as your gear. What I do not like about this book:- Going UL/minimalist should not mean sacrificing safety. The goal is to enjoy the wilderness and come home alive. The author ignores the absolute necessity of the survival components of your systems/gear. The advice to take a razor knife into the wilderness is irresponsible and dangerous in my opinion. I do take one - in my first aid kit. I also carry a full-tang, high quality knife. It is gear essential item #1. After all, with a knife I can more easily make shelter, fire, hunt, etc.

So I finally got in shape and decided I wanted to start some meaningful hiking trips again. So I made a trip to the hiking store to investigate new gear. And lo and behold ....I bumped into Mike's book by dumb luck while browsing at the book section of the outdoor store. At first I thought the book was totally weird and put it back. But something drew me to return to the bookshelf and I ended up buying the book - almost for more of a gag. I would read a section or two to my wife in the evening before drifting off to sleep and we would make fun snickering at all of the odd and screwy tips such as: use snow to wipe your backside, buy Dirty Girl gaiters, don't leave home with a backpack that weighs much over a pound (my Gregory pack weighed six pounds - empty!) weigh everything on a digital food scale and push for a "base weight" of ten to eleven pounds. Well, three years on I find myself a full convert to ultralight hiking and I now really enjoy sharing these ultralight ways with others. What has changed? Gone are the four pound (each) Zamberlain leather hiking boots, 6 pound (empty) backpack and the 4 pound tent. My trail runners are now 12 oz, pack 22 ounces, tent 15 ounces, and at the ripe old age of 45 I now easily kick out 20+ mile days in tough terrain and approach 30 miles per day in the easier stuff. My base weight (pack, sleeping bag, sleeping pad, first aid kit, cooking pot, water purification, stove and all clothing) is about 12-13 pounds and with 8

pounds food and fuel for four days of hiking i come in at a mere 20 pounds. Best yet, I am comfortable, dry and feel extremely safe with my simple gear. I am also well fed as ever as Mike's recipes (in his book) are healthy, hearty and fun to assemble and serve.

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